The law is on your side. Stalking is a crime and you have the right to police protection. Your situation is not hopeless and you can regain control of your life.

New York law defines stalking as a pattern of intentional, repeated, and unwanted behavior causing a person to fear for his/her own safety.

You have the power to protect yourself. Safe Horizon can help if someone:

- Has repeatedly followed or spied on you.
- Has made unsolicited phone calls, for no legitimate reason.
- Sends you unwanted letters, faxes, or e-mail.
- Stands outside your home, school, or office.
- Leaves unwelcome gifts.
- Vandalizes or damages your property.
- Threatens you, your family, or someone else close to you.

You are not alone.

If you believe you are being stalked:

- Call the police today.
- Call Safe Horizon’s 24-hour hotline for programs that offer counseling, support, legal advocacy, and practical solutions.

Safe Horizon’s 24-hour Crime Victims Hotline: 866.689.HELP
TDD 800.810.7444

Stop The Stalker